



Past thirty? Time for a career boost!

Since 1998 Karina van de Goor has been working at the MeanderGroep Zuid-Limburg (a Dutch health care organization) as a staff member responsible for quality, working conditions and environment. But recently she got this nagging feeling. She was ready for new challenges. Luckily for her those are not very hard to find at the Anton Jurgens Institute.

After her study Food & Business at the Zuyd University in Heerlen Karina worked for two food companies, where she set up the food safety systems based upon the HACCP principles.

At the end of the nineties she started working for the health care organization MeanderGroep. "I wrote the HACCP plans and I was managing the meal service. Later I became a staff member responsible for quality, working conditions and environment." I enjoy my work but gradually something started nagging at me. I felt it was time for something more, something new. I am in my thirties and my career needs a boost. In my search for a Master course I came across the Anton Jurgens Institute. Especially the range of the Anton Jurgens Institute Master course appealed to me; it covers much more than the world of smell, colour and taste. I am fascinated by the combination of Food, Health and Business. Yes, the assignments are tough, but strangely enough they give me lots of energy."

Network

The Master course also offers her a great opportunity to expand her network. "If you work for the same boss for a long time, your network tends to stop growing. Especially at the Master Clinics I can practise my networking skills. I used to be a little hesitant. But I have let go of that now, because I have noticed that everyone wants to help you on your way. You really get to benefit from the huge number of contacts the Anton Jurgens Institute has."

Good listeners

Another strong point of the Anton Jurgens Institute is the careful individual guidance they give you.



"They listen to you really well and support your personal development - from social skills to presentation techniques. At the same time they help you to focus on your goal. In other words: they do not leave you high and dry."

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